

What you need to know about

# finding health info you can trust



For patients

## Finding health information online:

It's hard to find health information you can trust but it's easy to find **healthcare misinformation**



### Healthcare misinformation

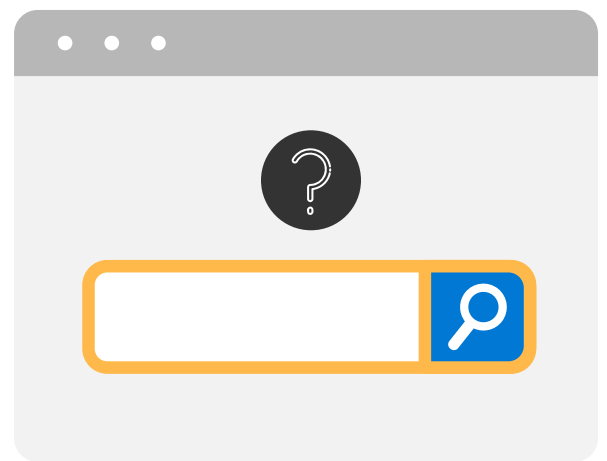
Health information that isn't accurate or is misleading



## Use these 3 tips to find health information you can trust:

**1** Use the search bar on reliable health websites, such as:

- ✓ CDC.gov
- ✓ WHO.int
- ✓ MayoClinic.org



**2** Before you trust or share content online, think about:



Who wrote it



Why they wrote it



When it was posted or updated

**3** Ask your doctor:



Your questions



If they can share good resources to learn more



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